

Curriculum Vitae



Dr. Saber Farouk Mohamed Abbas

Lecturer of Mental Health & Psychological Counseling
Faculty of Education - Ain Shams University

First: Personal Information

Gender: Male

Nationality: Egyptian

Religion: Muslim

Date of Birth: June 22, 1986

Place of Birth: Cairo

Marital Status: Married

Military Service: Finished

Egyptian National ID No: 28607170104614

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Arab Republic of Egypt.

Current Position: Lecturer of Mental Health, Faculty of Education, Ain Shams University, Since 2015 till now.

Second: Career Path:

1. Demonstrator, Department of Mental Health, Faculty of Education, Ain Shams University (2008 - 2011).
2. Assistant Lecturer, Department of Mental Health, Faculty of Education, Ain Shams University (2011 - 2015).
3. Lecturer, Department of Mental Health, Faculty of Education, Ain Shams University (since 2015, till now).

Third: Qualifications:

1. PhD in Education (Mental Health & Psychological Counseling) - 2015 - Excellent grade, with a recommendation to exchange the thesis between universities and research centers.
2. Master of Education (Mental Health) - 2011 - Excellent grade, with a recommendation to exchange the thesis with universities and research centers.
3. Special Diploma in Education (Mental Health) - 2010.
4. Professional Diploma (Psychological Counseling) - 2008.
- 5- Licentiate of Arts and Education, Department of Psychology, Faculty of Education, Ain Shams University, 2007 (the headmost).

Fourth: Training Courses:

1. Attended a series of training courses at the Faculty and Leadership Development Center (Ain Shams University):
 - use of technology in education
 - Management of the research team
 - Communication skills in different types of education
 - Effective communication
 - Credit Hours System
 - Financial and administrative aspects.

2. International Computer Driving License (ICDL) from UNESCO in 2004.
3. TOEFL certificate from the Center for the Development of English Language Teaching at Ain Shams University.
4. TOT Training of trainees from the Center for Development of University Education (Faculty of Education - Ain Shams University)
5. Training course entitled: Projective tests for developing personal skills.
6. Training course entitled: The art of psychological measurement and scale structure for ordinary and extraordinary individuals

Fifth: Training and Teaching Activities:

1. Participating in the training courses of "Educational qualification of Teachers" organized by the Center of Excellence, Faculty of Education, Ain Shams University, since the establishment of the Center in 2013 until now.
2. Teaching a group of courses for the students of the Faculty of Education at the undergraduate level, including: "Growth Psychology", "Mental health and psychological counseling", "Social Psychology", and "Clinical Psychology".
3. Teaching a group of courses for students of the Faculty of Education in the postgraduate stage, including: "Tools and scales of psychological counseling", "Psychology of personality", "Egyptian Family", and "Mental health counseling".

Sixth: Scientific Contributions and Activities:

1. Participation in the conferences of psychological counseling - and conferences of the Egyptian Association of Psychology (From 2008 till now)
2. Member of the Egyptian Association for Psychological Studies.
3. Training on counseling and psychological treatment in the mental health hospital (Abbasia).

4. Training on counseling and psychological treatment and the use of psychological tests and scales in the psychological clinic of the Faculty of Education - Ain Shams University.
5. Holding many seminars and cultural meetings with school students in different educational stages.
6. Participation in the Committee for the admission of students of the General Diploma in Education Faculty of Education, Ain Shams University.
7. Certified trainer at HIAK Academy for Consulting and Training.

Seventh: Research Activities and Publications:

1. Lectures in Psychological Counseling 2015.
2. Lectures in Social Psychology 2016.
3. Lectures in Growth Psychology 2016
4. Lectures in Clinical Psychology 2017.
5. Lectures in Mental Health 2015.
6. Technology for the education of people with special needs 2006.
7. Participating in the supervision of some master's and doctoral dissertations in the Department of Comparative Education and Educational Administration, Faculty of Education, Ain Shams University.

Eighth: Honoring and Appreciation :

1. Awarded Prof. Abd El-Salam Abd El-Ghaffar Award in Psychological Sciences from Cairo university.
2. Awarded Prof. Foad Abo Hatab Award in Psychological Sciences from the Egyptian Association for Psychological Studies
3. Received a certificate of appreciation for the first forum for excellence in Ismailia.
4. Received a certificate of appreciation from the Social Committee, Faculty of Education, Ain Shams University for excellence and superiority.
5. Received a Prize for the first PhD students, Faculty of Education, Ain Shams University