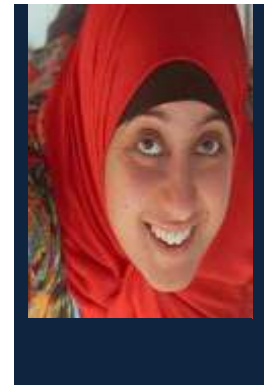


## Dr. Howida Abdel-aleem Fouda



**Birth date & place:** 2- 4-1982

**Phone :**01153898885

**Email:** howida.fouda@gmail.com

**Degrees Hold:** mater degree in physical therapy

- **PhD:** Field: metabolic, cardiovascular and geriatric disorder  
Awarded by: Cairo university
- **MSc:** Field: metabolic, cardiovascular and geriatric disorder  
Awarded by: Cairo university
- **BSc:** Field: physical therapy  
Awarded by: Oct. 6 Univerity

### **Current Position:**

assistant lecturer in the faculty of physical therapy, Oct. 6 University

### **Previous occupations and Experience:**

- Founder & Manger of elmoharka elmaarifia initiative, Cairo University
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### **Academic Title:**

- assistant lecturer
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### **Post Graduate and Research Activities:**

- I finished my theses under the title: Assessment Of maximum Oxygen Consumption In Hemophilic patient
- I'm conducting my study theses about " documenting the traditional therapy on siwa oasis and assessing the effect of spa therapy on adult"
- Member of a research project that documenting Bedouin heritage in red sea

### **Authored Books:**

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### **Published Papers:**

- " The 'Humane' Intervention to Enhance the Relation between the Center and the Peripheries" " *the Arab- Turkish congress of social science*" in Istanbul 2-4 May 2013

### **Other Socio Academic Activities:**

- January 2012- **Currently**, manager of the cultural documentation of elababdah& elbsharia tribe project
- **October 2012 – Currently**, co-founder and member in Nation without borders Foundation in Egypt and Gaza.
- **February 2012 – Currently**, co-founder and member in Mesha Foundation& DEV, [www.mesaha.org](http://www.mesaha.org).
- **December 2011 – Currently, member** in " enta mosh lwahdk..... You are not alone "- initiative for stress management and group therapy.

- *23-24 November 2012 participated in "* منتدى حوار المراه و النحول الديمقراطي في مصر"
- *1 december 2012 participated in "* مشروعات النهوض الحضارى ،، رؤية نقدية | مشروع التغيير الحضارى نموذجا"

*In Egypt*

- *May 2011 – May 2012*, internal coordinator of Namaa Initiative for Sustainable development - a youth led initiative aiming to create Social Entrepreneurs, <http://www.nahdetmasr.org/namaa>.
- *April 2011\_ currently*, Founder & leader of Elmosharka Elmarfia (knowledge sharing) initiative in Egypt & responsible for designing, monitoring & evaluation of the program
- *May 2011- May 2012*, leader of salon Twasl which is one of the projects of namaa initiative for sustainable development
- *March 2010 – April 2011*, Organizer at Namaa Initiative for Sustainable development - a youth led initiative aiming to create Social Entrepreneurs.
- *July 2009- August 2009*, Participant at Namaa Summer School for Sustainable Development - a youth led initiative aiming to create Social Entrepreneurs.
- In my first year in sufi academy